

Is Being a DCMP Mentor for ME?

Mentors..

- Meet with mentees one hour per week
- Attend one special Dumfries Cares Mentoring Program event per month
- Take a personal interest in their mentee's development and well-being
- Share their knowledge, skills, techniques and experience
- Share new ideas, perspectives and standards
- Offer support, challenge, patience and enthusiasm while guiding a young person
- Represent tangible evidence of what one can become.

*All mentors will be subject to a thorough background check.

Parenting Classes

In addition to providing resources for youth in our community, Dumfries Cares also offers the Systematic Training for Effective Parenting (STEP) classes FREE of charge- books included!



The Benefits of Being a DCMP Mentor:

Businessmen/Businesswomen:

- The satisfaction of imparting wisdom and experience to others with a manageable time commitment
- Exposure to the emerging talent pool
- Ongoing attention to your own career development

Students:

- Enhancement of coaching, leadership, management, and recruiting skills
- Gain Valuable Character References in other mentors and DCMP staff
- Exposure to diverse thoughts, styles, personalities, and cultures

Church members:

- Become involved in community outreach
- Instill in local youth benevolence, generosity and integrity

Military:

- Extend constructive and positive principals to the lives of youth
- Exercise leadership skills while mentoring our nation's next generation of elected and appointed public servants

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Dumfries Cares
17755 Main Street

Town of Dumfries Community Services Department



Dumfries Cares Mentoring Program



Elementary School: Emerging Leaders

WHO: Elementary aged youth who attend elementary school.

(minimum age 7/second grade)

WHEN: Wednesdays, 3:45—6:45 PM*

WHERE: Dumfries Community Center

Program Features:

- After School Tutoring
- Mentoring
- Homework Help
- Strong Literacy Focus
- Character-Building Activities.
- Prevention Programming



Middle School Mondays: Masterful Minds

WHO: Youth in grades 6-8

WHEN: Mondays, 3:30—6:30 PM*

WHERE: Dumfries Community Center

Program Features:

- Mentoring
- Homework Help
- Strong Literacy Focus
- Character-Building Activities.
- Strong focus Leadership Skills Development
- Prevention Programming



High School: Teen Leadership Academy

WHO: High school aged teens.

WHEN: Thursdays, 2:30—5:30 PM*

WHERE: Dumfries Community Center

Program Features:

- Mentoring
- Participation in Dumfries 4-H Club
- Career Preparation and Exploration
- College Preparation and Exploration
- Scholarship Search Assistance
- Service-Based Learning Projects
- Prevention Programming



*The DCMP schedule will follow the Prince William County Public School Calendar